



The Art of Cupping

Author : Manz

Edition : 2

Year : 2020

Illustrations : 74

Pages : 186

ISBN : 9783132431720

Price : \$44.99

Description

The Art of Cupping

For over 5,000 years, cupping has been used across the globe to treat a broad spectrum of health disorders. It is a safe and well-tolerated therapy and requires only simple and inexpensive tools to achieve highly effective results. This comprehensive guide features all the information a practitioner needs, including step-by-step instructions for application, treatment of specific health problems, and a review of the historical background.

Key Features:

- Detailed explanation of dry and wet cupping
- Practical application described for 48 different disorders
- Illustrated by real-life photographs from the author's practice
- Compact, user-friendly format for easy reference

Each chapter of the practical section deals with a specific area of the body and the disorders associated with it. Each topic discusses a patient's complaint, the appropriate cupping application, supplementary and alternative therapies, as well as preventive treatment. Practice-oriented and highly detailed, this is an invaluable reference for experienced practitioners and students alike.

The second edition features new subchapters on cupping in foot reflexology, treating irritable bowel syndrome, vegetative regulation disorders, and burnout. The topics are presented in a new and improved layout and explained with the help of enhanced four-color illustrations.

The Art of Cupping is the ideal introduction to this fascinating traditional healing method, while also serving as a

helpful review for the experienced practitioner.

This book includes complimentary access to a digital copy on <https://medone.thieme.com>.

