



## Lymphedema Management

The Comprehensive Guide for Practitioners

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Illustrations : 466

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### Description

This essential guide encompasses the core principles of Manual Lymph Drainage and Complete Decongestive Therapy for a wide range of pathologies across the age continuum. Key elements from the prior edition are incorporated, such as color-coded sections for anatomy, physiology, and pathophysiology. Advances in the field are reflected in expanded chapters and efficacy meta-analyses, updates on genetics, refinements in manual compression, and new insights on fat disorders and edema.

#### Key highlights in fourth edition

- ▶ More than 140 new color images, over 30 new tables, and updated ICD-10 codes
- ▶ Expanded discussion of lipedema and related conditions such as Dercum's and Madelung's diseases
- ▶ Surgical approaches such as vascularized lymph node transfer, anastomosis and bypass techniques, suction assisted protein lipectomy, and combined and staged lymphedema operations
- ▶ Wound care options for edema and advanced venous disease
- ▶ Integration of conventional therapies and techniques in collaboration with surgeons who perform specialized lymphatic procedures
- ▶ Tips and guidance for growing numbers of home care focused practitioners who encounter lymphedema and related edemas in patients
- ▶ Management of garments including fit, functionality, and patient independence
- ▶ Rare pediatric syndromes and adaption of CDT for children

Expanded discussion of sequential intermittent pneumatic compression including contraindications and usages in lymphedema management

This is a must-have resource on the diagnosis, treatment, and management of lymphedema and lymphatic insufficiency. Its unique practicality will enable educators to teach techniques and clinicians to adeptly incorporate a wide range of treatment strategies into practice.

